



Job Description for Mental Health Lead – OnSide Youth Zone

Job Title: Place2Be Mental Health Lead – Barking and Dagenham OnSide Youth Zone

Reporting to: Dr Stephen Adams-Langley – Senior Clinical Consultant

Location: OnSide Youth Zone, 201 – 225 Porters Avenue, Dagenham, RM9 5YX

Salary: £15,000 per annum

Hours: 13 hours and 30 minutes - 2 evenings a week (one Juniors and one Seniors) and 1 afternoon

Juniors (8 – 12 years old): 3.45pm – 8.30pm (either Monday, Tuesday, Thursday TBA)

Seniors (12 – 19 years old): 3.45pm – 8.30pm (either Monday, Tuesday, Thursday TBA)

In addition, the postholder will need to attend team work and joint planning time on Thursday(pm) - 4hours TBA

Place2Be is the leading children's mental health charity providing in-school support and expert training to improve the emotional wellbeing of pupils, families, teachers and school staff.

We provide emotional and therapeutic services in over 294 primary and secondary schools in England, Scotland and Wales, reaching a school population of 142,000 children - building children's resilience early in life through counselling, creative work and play. We also provide training on mental health and wellbeing for teachers and other professionals who work with children and young people, so we can help to build 'mentally healthy' schools and communities where all children can thrive and grow up with prospects not problems.

We ask staff to share our core values of perseverance, integrity, compassion and creativity and have the counselling skills and patience to support some of the UK's most vulnerable children and families. It's sensitive, demanding work and hugely rewarding and fulfilling as you will be helping give children brighter futures.

Context / Background

This role is to set up and lead the Place2Be project at OnSide Youth Zone Barking and Dagenham. This will initially be two evenings a week with additional administration time and a possibility of expansion with the service and role.

Place2Be is seeking to appoint a skilled clinician to work therapeutically within the Youth Zone, they should be experienced using evidence-based interventions and will be (if not already) to deliver a 'Place2Be approach' to mental health for children and young people. Working in conjunction with the Place2Be Senior Clinical Consultant, the post holder will enable and facilitate a culture supporting the development of a 'holistic approach' and will put in place systems and services to both promote positive child and youth-centred mental health as well as identify mental health issues and intervening early on in the life of a problem before it becomes entrenched.

In addition, the post holder will provide training to the youth centre staff on mental health and awareness of needs of young people.

Safeguarding of all centre users and in liaison with the Safeguarding Officer at Youth Zone and Place2Be will be essential.

Barking and Dagenham Youth Zone, named “Future” by local young people will be the first Youth Zone in London opened by the national charity, OnSide. It opened to young people in May 2019. This is an exciting and unique opportunity to join the delivery team pre-opening and play your part in history, shaping opportunities and Youth Work for London’s young people.

The Future, like all OnSide Youth Zone exists to give all give young people, particularly those who are disadvantaged, somewhere to go, something to do and someone to talk to. Each Youth Zone is, open 7 days a week, at weekends and during school holidays, the Youth Zone’s purpose is to help young people grow to be happy, healthy and successful adults.

Future’s state-of-the-art £6.5 million building on Parsloes Park, will provide young people with access to a range of activities, all offering young people the opportunity to try new things, meet new friends and gain support from friendly, warm and positive staff and volunteers. The facilities include a 3G pitch, a gym, sports hall and recreation area, and dance, arts, music and media suites seven days a week, with state-of-the-art facilities equipped for a wide range of sporting, artistic, cultural and general recreational activities and targeted services. To access a Youth Zone young people aged 8 – 19 (or 25 with additional needs), simply pay 50p per visit and £5 per year membership.

Find out more by watching

<https://www.youtube.com/watch?v=Yb18h1TPRNE>

<https://www.youtube.com/watch?v=sZCMoDYEfTQ>

OnSide Youth Zone Network

OnSide Youth Zones, established in 2008, has been growing rapidly and has ambitious plans to create 100 Youth Zones in towns and cities, giving young people somewhere safe and inspiring to go in their leisure time. Youth Zones are amazing places: accessible, vibrant, welcoming, fun and caring are just some of the words used by young people to describe their Youth Zone. Future, which opened in May 2019, will be no exception, and is part of the OnSide network of Youth Zones. Youth Zones are for young people aged 8 to 19, and up to 25 for young people with additional needs.

Overall purpose of the role

Working with the Youth Zone Leadership team to implement their mental health provision. This will be Place2Talk (a self-referral service), assessments of young people’s needs and the provision of therapeutic interventions including, 1:1 counselling and group work as decided in collaboration with the Youth Zone leadership.

Key Responsibilities:

- On-Board and set up the Place2Be project at Youth Zone Barking and Dagenham.
- To work with the Senior Clinical Consultant and Youth Zone managers and staff to develop and set the mental health strategy and provision within the Youth Zone

- To support the Youth Zone Manager and their team in the implementation of their 'whole centre approach' to children and young people's mental health and well-being at Barking and Dagenham Youth Zone
- To deliver staff training to build an understanding of mental health, what lies behind user's behaviour and how to identify and put in place support for a child in need
- Undertake clinical assessments and formulations and identify appropriate clinical interventions for each service user
- To establish systems and processes to:
 - Identify and discuss potential referrals with youth centre staff
 - Enable centre users to self-refer to a trusted adult if they have a worry or a concern
 - Undertake appropriate assessments of centre users identified as having mental health needs
 - Deliver targeted support for students where mental health issues or a high risk of mental health problems are identified
 - Provide support for Youth Zone staff to engage children and young people with mental health problems in their learning
 - Teach all centre users about mental health promotion and recognise mental health issues in self and others
 - Establish links and referral routes to specialist agencies – specifically Specialist CAMHS, Educational Psychology services as well as any other voluntary or specialist support available locally
- To support the Youth Zone Manager in identifying group and/or individual training needs and to facilitate centre staff training
- To build and sustain capacity to enable good mental health support within the centre zone system
- To evaluate and report on impact of interventions delivered – both on children's mental health as well as their engagement in learning and academic progress
- To use evidence to continuously improve practice

1. Ensure high quality clinical practice and delivery of a full and effective service in Place2Be

- Undertake one-to-one clinical work with children and/or young people.
- Plan and deliver Place2Talk (a self-referral service for 15 minutes for each session)
- Plan and deliver group work in consultation with the Youth Zone staff and the Centre Manager
- Identify and discuss potential referrals with Youth Zone staff keeping the manager informed

2. Establish positive, active and effective relationships with the Youth Centre and Place2Be management

- Build, develop and maintain effective professional relationships with the Youth Zone Senior Leadership Team to deliver Place2Be's model of counselling and therapeutic support

3. Safeguarding and Child Protection

- Following Place2Be's and Youth Zone's policies and procedures, identify and report any safeguarding and child protection concerns
- Identify and report any safeguarding concerns about any vulnerable adults following Place2Be's and Youth Zone's policies and procedures
- When required, make recommendations and consult with the Safeguarding Officer for referral onto external services

- Be pro-active in reporting safeguarding issues and concerns, to the Youth Centre and line management, in accordance with Place2Be policy
- Postholder will need to attend Level 1 Safeguarding Training and Place2Be Safeguarding Training

4. Reporting evaluating and data entry

- Provide termly reports in accordance with Place2Be guidelines and in conjunction with your line manager, undertake an annual review of the Youth Zone service and produce a report to be shared with the Youth Zone
- Using data to inform practice and improve impact
- Accountable for inputting data on Place2Be's School Services System relating to all activities and interventions in the school in a timely and accurate manner
- Comply with Place2Be data entry requirements on the School Service System
- Makes good use of online management systems, such as diary planning etc.

Person specification

The person specification outlines the main criteria for the post and short listing will be based on the following criteria. Please ensure that your supporting statement clearly shows how you meet the criteria using experience gained either in paid or voluntary work.

Criteria	Criteria E = Essential D = Desirable	Measured by A = Application I = interview
Qualifications		
<ul style="list-style-type: none"> • Holds a recognised qualification in counselling or therapy 	E	A
<ul style="list-style-type: none"> • Holds a recognised membership of a relevant professional body(BACP/ PTUK/ UKCP/NCS/BPS) 	E	A
Experience		
<ul style="list-style-type: none"> • Post qualified experience in a clinical role and an understanding of children and young people 	E	A/I
<ul style="list-style-type: none"> • A clear understanding of child protection policy and procedures and commitment to safeguarding of children and vulnerable adults 	E	I
<ul style="list-style-type: none"> • Demonstrates knowledge of the youth centre environment 	E	I
<ul style="list-style-type: none"> • Ability to deliver lessons and training in mental health for children, young people and adults 	E	I
<ul style="list-style-type: none"> • Analytical with an aptitude to gather and use data to inform practice 	E	I
<ul style="list-style-type: none"> • Ability to report on impact; effective writing and presentation skills 	E	A/I
Skills and Behaviours		
<ul style="list-style-type: none"> • Demonstrates understanding of working with children and young people who require or would benefit from emotional and therapeutic support and experience of the school environment 	E	A/I
<ul style="list-style-type: none"> • Able to undertake therapeutic work with children and staff 	E	I
<ul style="list-style-type: none"> • Ability to establish effective and child-centred referral routes and work effectively with wider stakeholders and cross-sector agencies including specialist CAMHS and Educational Psychology services 	E	I
<ul style="list-style-type: none"> • Undertake clinical assessment and formulisation and hold clinical caseload 	E	I

<ul style="list-style-type: none"> • Takes an active approach to self-development and shows a commitment to continuous professional learning 	E	A/I
<ul style="list-style-type: none"> • Demonstrate a commitment to: <ol style="list-style-type: none"> a. equalities b. promoting the school's vision and ethos c. high quality, stimulating learning environment d. relating positively to and showing respect for all members of the school and wider community e. ongoing relevant professional self-development f. safeguarding and child protection 	E	A/I