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Christmas Message from Future Youth Zone

2020 has been a hard year for us all
But here at Future together with the young
people we still stand tall.
Enjoy this gift from us to you
We are always here for you, from the Future
Blue













There are 8 differences in the pictures below. Can you find them? Circle them in red.





There are 8 differences in the pictures below. Can you find them? Circle them in red.



Christmas Elf

l a c i g a m c i n e n
y e r u t a i n i m l s
e v i t e r c e s l b c
s u o v e i h c s i m f
g i n b a h s y j g i n
v e r u t a m m i b n u
k p o c k e t s i z e d
d i s o b e d i e n t c
e n t e r t a i n i n g
t n a r e b u x e o l g
e m o s e l b u o r t v
c e n c h a n t i n g o



mischievous

nimble

troublesome

magical

secretive

pocket-sized

enchanted

exuberant

disobedient

miniature

immature

entertaining



Christmas Food

g i n g e r b r e a d m
l m n o p q e s t g h b
c a n d y c a n e s y u
j k m h f s w q a d g k
t n b p u d d i n g l k
u s t u f f i n g u h j
m i n c e p i e s k l h
p m o n j i u g h t l a
y u l e l o g h g j u m
n h g t h y j u l i o v
q f r u i t c a k e b g
t u r k e y a n e s r e

turkey
pudding
fruitcake
mince pies

gingerbread
candy canes
yule log
ham

stuffing



Christmas

a f q m m y r r h z t e
h r s a n t a k i n g s
c a l r d j o s e p h c
f n b y o w l e e l a e
d k e t n a z a r e t h
m i t o c h u r c h r f
a n h c h r i s t m a s
n c l r g d o n k e y g
g e e p i c r h s f s o
e n h k f i h n p r t l
r s e j t u w u c o a d
x e m n s h e p h e r d

Christmas

Santa

Mary

Joseph

Bethlehem

Shepherd

Kings

frankincense

myrrh

gold

church

Nazareth

manger

donkey

star

gifts

Find all the Christmas-related words. They could go vertically, horizontally or diagonally but not backwards.



d	e	c	e	m	b	e	r	y	o	m	y	e	f	j
a	s	h	o	l	l	y	s	i	y	e	t	t	r	e
b	p	r	e	s	e	n	t	s	m	o	t	n	a	s
c	w	i	n	t	e	r	o	u	y	u	e	n	n	u
s	j	s	s	k	s	d	c	m	r	m	y	e	k	s
d	h	t	r	e	e	f	k	s	r	k	m	i	i	y
f	g	m	s	s	g	n	i	t	h	u	e	e	n	p
g	j	a	a	d	v	e	n	t	s	i	n	y	c	e
r	q	s	j	v	w	o	g	s	e	n	u	n	e	t
g	o	l	d	o	l	y	s	y	e	i	t	y	n	u
j	b	e	t	h	l	e	h	e	m	m	s	y	s	i
m	a	r	y	a	n	d	j	o	s	e	p	h	e	t



December

Christmas

Jesus

presents

tree

winter

stockings

turkey

advent

holly

gold

myrrh

frankincense

Bethlehem

Mary and Joseph

Sports Challenges

Keepy-Ups with a Christmas Tree Ball

Equipment:

- 1 Christmas ball decoration off the Christmas tree

Steps:

- Grab a ball off the tree with parent/carers permission
 - Take the ball decoration to a small area
 - Attempt as many kick ups with the ball as much as possible
- You only get 3 tries to score your highest keepy-ups



(Alternatively you can complete the challenge with an actual ball in your garden or nearby park)

Boxing Day Special



Equipment:

- Skipping rope
- Stopwatch or phone

Steps:

- Complete as many skips as you can in 1 minute
- You have 3 tries to get as many as possible
- Count them and get someone to time your challenge

For all tasks, video yourself and send all completed challenges to enquiries@futureyouthzone.org

Arts Challenges

Bubble Painting

Equipment:

- Cups
- Straw
- Paint (different colours)
- Paper
- Water/A touch of washing up liquid

Steps:

- Put different colour paint in different cups
- Add a small drop of water into each cup with a touch of fairy liquid in each cup also
- Blow bubbles into one cup at a time and watch the bubbles rise above the edge
- When the bubbles rise above the cup, place the paper on the bubble and it will stamp onto the paper
- Repeat for each colour until your paper looks vibrant and colourful!



Christmas Drawing

Equipment:

- Pencil
- Paper
- Paint or Colour Pens/Pencils
- Ipad/Phone/Laptop

Steps

- Grab a piece of paper
- Copy the below drawing as best as you can
- Add in some extra details of your own



For all tasks, video yourself and send all completed challenges to enquiries@futureyouthzone.org

For all tasks, video yourself and send all completed challenges to enquiries@futureyouthzone.org

Create Your Own Jolly Jingle



Equipment:

- Pen & Paper
- Phone
- Laptop (not necessary)



Steps:

- Create your own Christmas single using a pen, paper and your creative nature
- Look at Christmas songs to help direct your musical energy
- Use your phone/laptop to help you with some beats

Alternatively, you can perform your own cover of the following songs;

0 Holy Night
Santa Clause is Coming to Town
I'll be home for Christmas

Christmas Drama Challenge

Equipment:

Paper
Pen
Phone

Steps:

- Create a Drama Play With the below details
- Not all characters need to be used

Characters:

Santa Clause, Mrs Claus, Rudolph, 2 Elf's
What must happen?

- Rudolph does something silly
- The Elf breaks a toy, the other tries to help
- Santa Claus is stressed over the situation and tries to calm it down
- Mrs Claus comes in and drives the slay away
- And the scene ends



Rec Challenges

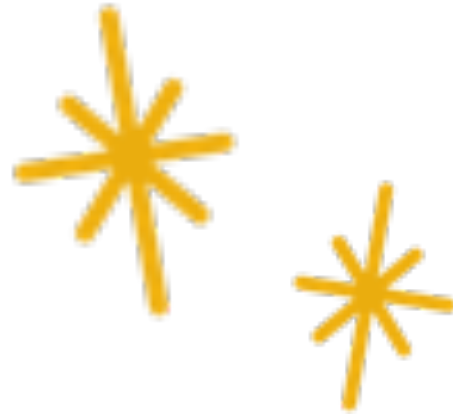
The Family Photo Challenge

Equipment:

- One camera or phone

Steps:

- Between the 25th-26th of December send a picture of your family celebrating the holidays
 - Send the photo to enquiries@futureyouthzone.org
 - Be part of the Future Family



2021 Goal Achieving List

Equipment:

- Pen or Pencil
- Paper
- Colouring pens or pencils

Steps:

- Think about the Future
- Write down what you want to achieve in 2021
- It could be as small as reading a book, or as large as being the next super star
- Write 3-4 goals in nice bubble writing and make your list creative
- Show your parents, send it to Future & keep it safe until the end of the year

For all tasks, video yourself and send all completed challenges to enquiries@futureyouthzone.org





First of all happy holidays from Future Youth Zone to you!, We are close to the end of the year, so enjoy these last few days with your friends and family if possible and end the year on a positive note!

It may not have sunk in yet for some of you but you are living through a truly historic era, 2020 will go down in history as an incredibly eventful year for many reasons, Covid-19 being the main game changer to the way our year was shaped. Covid-19 has affected us all in different ways, we are all unique individuals who see and experience things in a variety of ways. Some of you will feel like nothing changed, some of you will feel the time off during lockdown has benefited you and others will feel negatively affected, whether that is mentally, physically, or socially. If there was any time in our lives where we should be encouraged to unite, it is now. If there was any time that Future Youth Zone was needed it is also now.

As a member you are a part of the Future family and we will continue to provide all members with somewhere to go, something to do and someone to talk to. Whether it is through a pandemic or your usual daily routines, Future will continue to support you and provide the community of Barking & Dagenham and members beyond with the support you need. 2021 is the next chapter of all our lives and at Future we hope to be an integral part of your next chapter.

Happy Holidays... Let us all look forward to a positive and united 2021.

