**ROLE PROFILE**

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| **JOB TITLE:** | Youth Sports Worker – Gym and Fitness | **SALARY:** | £11.05 an hour |
| **REPORTING TO:** | Sports Coordinator | **HOLIDAYS:** | 33 days including bank holidays (pro-rata). |
| **LOCATION:** | Future Youth Zone, 201-225 Porters Avenue, Dagenham, RM 5YX | **HOURS:** | Saturday 3:45 – 10:15 & Sunday 2:45 – 7:15 |
| **THE PERSON:** | Do you love Sport and Fitness and are you passionate about the role that fitness and physical training can play in changing young people’s lives? Are you passionate about giving young people in East London a healthy and positive future? Are you happy coaching and teaching young people? Do you want to use your skills knowledge  and passion to enable young people to have somewhere to go, something to do and someone to talk to? | | |
| **KEY RELATIONSHIPS:** | Senior and Junior Club Manager, Head of Youth Work, Sports Coordinator, Youth Zone Team Members, Young People, Parents/Carers and the wider community. | | |



**JOB PURPOSE:**

Sports, along with the Arts and Youth Work, is at the heart of Future Youth Zone’s offer to young people. The sports offer at Future is wide ranging and as a member of the Sports team, you will be key in ensuring young people have access to an exciting and engaging programme of multi-disciplinary activities that will be challenging, stimulating, fun, engaging and developmental. You will have access to our state of the art gym, equipped with cardio and resistance equipment, weight-lifting facilities and a functional area. You will be involved in teaching the fundamentals gym use and fitness, running fitness classes in line with your skills, as well as facilitating taster sessions and competitions, which engage young people and build their skills and fitness levels.

Within the Sports Team, we are looking for talented sports and fitness coaches to become part of a team with a wide range of skills, who are also passionate about working with young people. Ideally, you will have experience, or one or more coaching qualifications, such as Level 2 NGB including Level 2 Gym Instruction or above. We are also looking applicants with Level 2 Certificate in Coaching Weightlifting.

**CONTEXT OF THE POST:**

Barking and Dagenham Youth Zone, named ‘Future’ by local young people, is the first Youth Zone in London opened by the national charity, [OnSide](https://www.youtube.com/watch?v=3t7SSx-h1Vk) in May 2019. This is an exciting and unique opportunity to join a small but growing, impactful fundraising team and play a critical part in shaping opportunities for East London’s young people and supporting a grass roots, committed, universal youth service.

Future, like all OnSide Youth Zones, exists to give young people, particularly those who are disadvantaged, somewhere to go, something to do and someone to talk to. The Youth Zone is open 7 days a week, at weekends and during school holidays. The Youth Zone’s purpose is to help young people grow to be happy, healthy and successful adults.

Future’s state-of-the-art £6.15 million building on Parsloes Park, provides young people with access to a range of activities, offering them the opportunity to try new things, meet new friends and gain support from friendly, warm and positive staff and volunteers. The facilities include a 3G pitch, a gym, sports hall, recreation area and dance, arts, music and media suites, with state-of-the-art facilities equipped for a wide range of sporting, artistic, cultural and general recreational activities and targeted services. The Youth Zone supports young people like [Monique, Owen and Bola](https://www.youtube.com/watch?v=hfQsJCqgsFI) to grow and develop.

**DUTIES AND RESPONSIBILITIES – DETAILED**

* To work directly with young people to plan, lead and deliver safe, fun and structured sports / fitness sessions
* within Future Youth Zone, which are progressive and reflect the needs of young people
* The role is 100% face to face delivery with young people
* To contribute to a sports / fitness programme that is high quality and meets the needs of the young people,
* including young people with additional needs and young people who typically don’t engage in sports
* To support a sports / fitness programme that contributes to the wider youth work agenda, supporting the
* development of young people
* To confidently manage and establish positive relationships with groups of young people
* To compile all monitoring information required to deliver impact statistics and encourage feedback from young
* people taking part in activities to share this with the team.
* To work with young people from a range of backgrounds and with a range of needs
* Effectively communicate at all levels, orally and in writing
* To work alongside other team members and provide guidance and support to young leaders and volunteers
* To attend regular training and development sessions and events where required
* To co-ordinate volunteering opportunities in sports / fitness activities
* To encourage attendance in sports / fitness activities, particularly by young people who do not usually
* participate in sport / fitness activities
* To assist in identifying talented young people and encourage further development
* To maintain current knowledge of relevant National Governing Body programmes, policies and practices
* To promote cultural cohesion and inclusion and proactively challenge any prejudice and discrimination
* Any other duties as may reasonably be required

**DUTIES AND RESPONSIBILITIES - GENERAL**

* Be a role model for young people and present a positive “can do” attitude.
* Take personal responsibility for own actions.
* Commit to a culture of continuous improvement.
* Work within the performance framework of Future Youth Zone and OnSide.
* Represent Future Youth Zone positively and effectively in all dealings with internal colleagues, and external partners.
* To be alert to issues of safeguarding and child protection, ensuring the welfare and safety of Youth Zone members is promoted and safeguarded, and to report any child protection concerns to the designated Child Protection Officers using the safeguarding policies, procedures and practice (training to be provided).
* To assist with any promotional activities and visits that take place at the Youth Zone.
* To adhere to Future Youth Zone policies at all times, with particular reference to Health and Safety, Safeguarding and Equal Opportunities

**PERSON SPECIFICATION**

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| **Selection Criteria\***  A = Application Form I = Interview T = Test/Personality Profile | **Essential or Desirable** | **Method of Assessment** |
| **Experience** | | |
| Experience of working with groups of young people aged 8 to 19, or up to age 25 with additional needs | Essential | A & I |
| Experience of working with young people from diverse backgrounds and with challenging needs | Essential | A & I |
| Experience of working with young people with additional needs | Desirable | A & I |
| Experience of delivering a wide range of sports or activity sessions | Essential | A & I |
| Experience of delivering events and competitions | Desirable | A & I |
| Experience of team working and alongside volunteers | Essential | A & I |
| **Qualifications** | | |
| Level 2 Gym Instructing or above | Essential | A |
| First Aid Qualification | Desirable | A |
| Level 2 Certificate in Coaching Weightlifting | Desirable | A |
| **Skills** |  |  |
| Ability to deliver high quality fitness programmes with young people who face social exclusion, disadvantage and disaffection and manage such a group | Essential | A & I |
| Ability to engage and build positive relationships with young people including disengaged and disadvantaged young people | Essential | A & I |
| Able to work as part of a team and under own initiative | Essential | A & I |
| Able to support the planning and evaluation of programs of activity including production of session plans and program reports | Essential | A & I |
| Able to communicate effectively with young people, parents, team members and members of the public | Essential | A & I |
| Able to deliver within an equal opportunities framework | Essential | A & I |
| Ability to coach, encourage, motivate and provide reliable support to young people | Essential | A & I |
| **Knowledge** |  |  |
| Understand the principles of working with young people, the issues affecting their lives and knowledge of their needs  practice | Essential | A & I |
| Knowledge of health and safety, diversity awareness and safeguarding best | Essential | A & I |
| Basic knowledge of pathways into sports opportunities at all levels. | Desirable | A & I |
| **Special Requirements** |  |  |
| A willingness to work unsociable hours | Essential | A & I |
| The willingness to be part of a wider team and understand the core Youth Zone delivery model. | Essential | A & I |
| A willingness to cover events, holidays and staff absence | Essential | A & I |
| Enhanced DBS clearance and commitment to Safeguarding children | Essential | A & I |

\*Selection criteria for guidance only, alternative methods may be used to assist the selection process

Future Youth Zone is committed to the safeguarding of young people. In accordance with our Child Protection and Safeguarding procedures, this position requires a enhanced DBS check*.*

The strength of OnSide Youth Zones comes from the diversity of the people within our vibrant network. We are proud that our Youth Zone teams reflect the communities they serve, and we value people working together from a range of different backgrounds locally and nationally, and with different experiences, all with a shared passion for boosting the aspirations of young people across the country. Diversity brings innovation, fresh ideas and creativity, and we actively strive to create a culture that is truly inclusive and fair for all and where everyone in the team can be themselves and thrive.

For information regarding how Future Youth Zone and OnSide Youth Zones process your data, please visit [www.onsideyouthzones.org/applicant-privacy/](http://www.onsideyouthzones.org/applicant-privacy/)

